

Not Just for Kids

Goin' Fishing. When you're trying to catch a big one, consider that lead sinkers and fishing lines are a hazard to wildlife. Water birds can swallow the sinkers lost from your line and die from lead poisoning. Instead of lead, use plated steel sinkers or washers and plated steel hooks. And be sure to properly dispose of your fishing lines so it won't entangle wildlife. Local tackle stores provide boxes for you to dispose of old line.



Beach Trash Pickup. Always carry out your own trash and any other trash you find on the beach. The Friends of Pleasant Bay hosts an annual Coastsweep beach clean-up day; consult their website for more information.

Watershed Address. Find your Watershed Address on the maps in Chapter 1 of this booklet. Where does the rain that falls in your yard go?

Water Watch. Who's wasting water in your house? Be a water detective; check for leaky faucets and turn off the water while brushing

your teeth or washing dishes. Learn about water-saving devices such as low-flow shower heads and appliances and talk to your parents about installing them.



Reduce, Reuse, and Recycle. We make a lot of unnecessary trash. Reduce the amount of trash you make: buy things with less packaging, fix things instead of buying new ones, recycle, and compost organic wastes. Donate to or find a treasure at the Gift House at the Transfer Station or local thrift store.

Get Your School Involved. Talk to your teacher about taking a field trip to a local pond, bay, or estuary and learn all you can about the waters around you. Cape Cod Museum of Natural History, Wellfleet Bay Wildlife Sanctuary, Orleans Pond Coalition, and Cape Cod National Seashore all provide outings for students. Friends of Pleasant Bay provides grants to schools to fund school field trips and other projects.

For Teens. With your parents, read the section on hazardous waste, then go on a toxics hunt around your house. Look for these warnings on the labels: DANGER,

CAUTION, WARNING, POISON, CORROSIVE, CAUSTIC, INERT, FLAMMABLE, OR EXPLOSIVE. When these items are ready for disposal, they should go to the Hazardous Household Materials Collection Day, sponsored each year by the Barnstable County Department of Health and the Environment. Why not find out how these hazardous wastes are collected? Learn about alternatives to these products and use them when you can.

